

---

# VANILLA LETTUCE

---

Mugaritz, p162

---

## Infusion

1. Halve beans, scape out seeds
2. Add seeds and beans to water and salt
3. Bring to a boil, cool

## Lettuce

4. Cover lettuce in the infusion, and vacuum infuse a couple of times

## Assembly

5. Spray lettuce with verjuice
6. Sprinkle with salt (optional)

## COMMENTS:

## LETTUCE INFUSION:

Vanilla bean – 20g

Salt – 10g

Water – 1L

## LETTUCE:

Cos lettuce, halved and quartered

Verjuice in a spray bottle

Salt